



Sign up for Dr. Cilea's FREE Health Tip of the Week! Get life changing information for you and your family on the following subjects:

- Weight loss
- Exercise
- Nutrition
- Supplements
- Wellness

You must print your e-mail address clearly to subscribe to this FREE service.

Your Name:

Your e-mail Address:

PLEASE RETURN THIS SIGN UP SHEET TO THE FRONT
DESK

***YOUR E-MAIL ADDRESS WILL NOT BE SHARED AND WILL BE KEPT CONFIDENTIAL.**